CUSTOMIZE YOUR EDUCATIONAL EXPERIENCE

Unlike traditional symposia where attendees all take part in a single general session, Aesthetica is designed so you can move between sessions to choose the topics that best fit your personal practice needs. This year two concurrent sessions covering the latest in surgical and non-surgical aesthetic breast, body contouring and facial rejuvenation topics will be offered during the two-and-a-half day meeting.

Our world-renowned, expert faculty are poised to share ideas to manage Complications, investigate individual Perspectives on common procedures, address Secondary Surgery challenges, dive into Rhinoplasty nuances, and share expertise in individual Master Classes.

This activity is intended for plastic surgeons.

LEARNING OBJECTIVES:
Upon completion of this activity, participants will be able to:
• Translate expanded knowledge into practice for the improvement of patient outcomes and satisfaction.
• Practice with an improved awareness of and response to related patient safety issues and concerns.
• Assess and describe current knowledge in aesthetic plastic surgery and identify areas where further knowledge would be beneficial.

REGISTRATION INFORMATION

The meeting registration fee includes course materials, admission to the sessions, exhibits and indicated meals. All registrants must pay the full registration fee; one-day registration is not available. Spouses and accompanying guests who wish to attend the sessions must register.

ONLINE:
PlasticSurgery.org/Aesthetica  
(Credit cards only)

PHONE:
800–766–4955 or 847–228–9900, ext. 471  
(Credit cards only)

FAX:
Member Services Center  
847–228–7099  
(Credit cards only)

MAIL:
American Society of Plastic Surgeons  
Attention: Finance Department  
444 East Algonquin Road  
Arlington Heights, IL 60005–4664  
Allow 10 days for processing.

Please make checks payable to ASPS  
(Credit card or check)

CANCELLATION POLICY: All cancellations must be received in writing to be considered for refund. Notice of cancellation should be sent to: ASPS Member Services Center, 444 East Algonquin Road, Arlington Heights, IL 60005–4664  
Fax: 847–228–7099  |  Email: registration@plasticsurgery.org
1:00-2:00 p.m.  COMPLICATIONS AND HOW TO AVOID THEM  
Moderator: Timothy Marten, MD  
1:00-1:25 p.m. James Zins, MD  
1:25-1:50 p.m. Timothy Marten, MD  
1:50-2:00 p.m. Discussion and Q & A

3:00-3:30 p.m.  FACELIFT COMPLICATIONS AND HOW TO AVOID THEM  
Moderator: Timothy Marten, MD  
1:00-1:25 p.m. James Zins, MD  
1:25-1:50 p.m. Timothy Marten, MD  
1:50-2:00 p.m. Discussion and Q & A

3:30-4:15 p.m.  TIPS FOR MANAGING COMPLICATIONS  
Moderator: M. Bradley Calobrace, MD  
Speakers: Jack Fisher, MD; Marcos Sforza, Professor; Irene Richter-Heine, MD; Dennis Hammond, MD  
4:10-4:15 p.m. Discussion and Q & A

4:15-5:15 p.m.  EVALUATION AND MANAGEMENT OF THE DISSATISFIED BREAST PATIENT  
Moderator: Terence Myckatyn, MD  
4:15-4:30 p.m. Using 3-D Imaging to Prevent Reoperation  
Marcos Sforza, Professor  
4:30-4:45 p.m. Cost Effective Cosmetic Breast Revision  
Patricia McGuire, MD  
4:45-5:00 p.m. Management of the Dissatisfied Breast Patient  
Amy Alderman, MD  
5:00-5:15 p.m. Discussion and Q & A

5:15-6:00 p.m. IRRIGATING STRATEGIES IN BREAST IMPLANT SURGERY  
Moderator: Dennis Hammond, MD  
5:15-5:35 p.m. Making Sense of Pocket Irrigation in Breast Surgery  
Jack Fisher, MD  
5:35-5:55 p.m. Pocket Irrigation in Breast Augmentation - Level of Evidence and What the Data Shows  
Terence Myckatyn, MD  
5:55-6:00 p.m. Discussion and Q & A

5:00-5:15 p.m.  MANAGEMENT OF CAPSULAR CONTRACTURE  
Moderator: Jack Fisher, MD  
1:00-1:15 p.m. My Approach to Treatment of Capsular Contracture  
Karol Gutowski, MD  
1:15-1:30 p.m. The Role of Biofilm in Capsular Contracture  
Terence Myckatyn, MD  
1:30-1:45 p.m. Do Textured Implants Prevent Capsular Contracture  
M. Bradley Calobrace, MD  
1:45-2:00 p.m. Discussion and Q & A

4:15-5:15 p.m.  UNDERSTANDING OUR NON-INVASIVE OPTIONS FOR BODY CONTOURING  
Moderator: Michele Shermak, MD  
4:15-4:27 p.m. Laser Options for Vaginal Rejuvenation  
Amy Alderman, MD  
4:27-4:39 p.m. Microneedling with Radiofrequency  
Ken Rothaus, MD  
4:39-4:51 p.m. Non-Surgical Fat Removal Options  
Karol Gutowski, MD  
4:51-5:03 p.m. Temperature Controlled Radiofrequency  
Brian Kinney, MD  
5:03-5:15 p.m. Discussion and Q & A

5:15-6:00 p.m.  HOW TO OPTIMIZE RESULTS AND AVOID THE MOST COMMON SURGICAL REVISIONS IN BODY CONTOURING SURGERY  
Moderator: Karol Gutowski, MD  
5:15-5:27 p.m. Upper Body Lift  
Michele Shermak, MD  
5:27-5:39 p.m. Saddlebags and Lower Body Lift  
Jeff Gusenoff, MD  
5:39-5:51 p.m. Abdominoplasty for the MWL Patient  
Scott Glasberg, MD  
5:51-6:00 p.m. Discussion and Q & A

2019 INVITED FACULTY

CO-CHAIRS:  
Amy Alderman, MD  
Atlanta, GA  
Dennis Hammond, MD  
Grand Rapids, MI  
James Zins, MD  
Cleveland, OH

FACULTY:  
Mohammed Alghoul, MD  
Chicago, IL  
Gary Alter, MD  
Beverly Hills, CA  
M. Bradley Calobrace, MD  
Louisville, KY  
Mark Constantian, MD  
Nashua, NH  
Jack Fisher, MD  
Nashville, TN  
Onelio Garcia, MD  
Miami, FL  
Ashkan Ghavami, MD  
Beverly Hills, CA  
Scott Glasberg, MD, FACS  
New York, NY  
Jeffrey Gusenoff, MD  
Pittsburgh, PA  
Karol Gutowski, MD, FACS  
Glennview, IL  
Bahman Guyuron, MD  
Cleveland, OH  
Jeffrey Janis, MD  
Columbus, OH  
Shilpi Khetarpal, MD  
Cleveland, OH  
Brian Kinney, MD, FACS  
Beverly Hills, CA  
Timothy Marten, MD  
San Francisco, CA  
Alan Matarasso, MD, FACS  
New York, NY  
Patricia McGuire, MD  
St. Louis, MO  
Terence Myckatyn, MD  
St. Louis, MO  
Irene Richter-Heine, MD  
Munchen, Germany  
Kenneth Rothaus, MD  
New York, NY  
Marcos Sforza, Professor  
Bromsgrove, United Kingdom  
Michele Shermak, MD  
Lutherville, MD

Program subject to change.
FRIDAY
March 15

7:00 a.m. - 8:00 a.m. | Registration, Breakfast & Exhibits
7:00 a.m. - 7:45 a.m. | Industry Course – Non-CME
6:00 p.m. - 9:00 p.m. | Industry Course – Non-CME

**DUELING PERSPECTIVES**

1:00 - 2:00 p.m.
**DUELING PERSPECTIVES: ONE-STAGE VS TWO-STAGE AUGMENTATION MASTOPEXY**
Moderator: Terence Myckatyn, MD
1:00 - 1:25 p.m. My Approach to Staging Augmentation Mastopexy: The Argument for a One-Stage Procedure
M. Bradley Calobrace, MD
1:25 - 1:50 p.m. My Approach to Staging Augmentation: The Argument for a Two-Stage Procedure
Patricia McGuire, MD
1:50 - 2:00 p.m. Discussion and Q & A

2:00 - 3:00 p.m.
**DUELING PERSPECTIVES: UPPER FACE**
Moderator: Timothy Marten, MD
2:00 - 2:15 p.m. Treatment of Brow Ptosis and High Forehead
Bahman Guyuron, MD
2:15 - 2:30 p.m. Temporal Lift
Timothy Marten, MD
2:30 - 2:45 p.m. Endoscopic Browlift: Does it Really Work?
James Zins, MD
2:45 - 3:00 p.m. Discussion and Q & A

3:00 - 3:30 p.m.
**DUELING PERSPECTIVES: PERIORBITAL AREA**
Moderator: Mohammed Alghoul, MD
3:30 - 3:45 p.m. Periorbital Aesthetic Analysis
Mohammed Alghoul, MD
3:45 - 4:00 p.m. Suture Lift with Vectoring as an Independent Facial Rejuvenation Procedure or as an Adjunct
Timothy Marten, MD
4:00 - 4:15 p.m. A New Natural, Biodegradable Non-HA Long Lasting Filler for Shape and Volume Control
Brian Kinney, MD

4:15 - 5:00 p.m.
**DUELING PERSPECTIVES: FACIAL REJUVENATION**
Moderator: Shilpi Khetarpal, MD
4:15 - 4:25 p.m. Patient Reported Outcomes for Platelet Rich Plasma for Male and Female Pattern Hair Loss
Shilpi Khetarpal, MD
4:25 - 4:35 p.m. Filler 2.0: Periorbital Area
Mohammed Alghoul, MD
4:35 - 4:45 p.m. Microneedling and RF
Shilpi Khetarpal, MD
4:45 - 5:00 p.m. Discussion and Q & A

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**COMPLICATIONS**

8:00 - 10:00 a.m.
**GLUTEAL AUGMENTATION**
Moderator: Amy Alderman, MD
8:00 - 8:20 a.m. Update on Gluteal Fat Grafting Safety
Karol Gustowski, MD
8:20 - 8:40 a.m. Understanding Our Aesthetic Goals and Best Practices for Fat Harvest to Optimize Graft Survival
Michele Shermak, MD
8:40 - 9:00 a.m. My Approach to Safe Gluteal Fat Grafting
Scott Glasberg, MD
9:00 - 9:20 a.m. The Ultimate Safe Procedure: Gluteal Re-Contouring Without Fat Grafting
Oni Garcia, MD
9:20 - 9:40 a.m. Gluteal Re-Contouring in the Massive Weight Loss Patient with Auto-Augmentation
Jeff Gusenoff, MD
9:40 - 10:00 a.m. Discussion and Q & A

10:00 - 10:30 a.m.
**Break/Exhibits**

10:30 a.m. - 12:00 p.m.
**PREVENTION OF BOTTOMING OUT IN BREAST SURGERY**
Moderator: Patricia McGuire, MD
10:30 - 10:50 a.m. Managing the Inframammary Fold in Breast Augmentation
Dennis Hammond, MD
10:50 - 11:10 a.m. Management of “Bottoming Out” After Breast Augmentation
M. Bradley Calobrace, MD
11:10 - 11:30 a.m. Revision Breast Augmentation - Mesh, Capsulorrhapsy or Both
Terence Myckatyn, MD
11:30 - 11:50 a.m. Use of Mesh to Treat Bottoming Out After Augmentation Mastopexy
Oni Garcia, MD
11:50 a.m. - 12:00 p.m. Discussion and Q & A

12:00 - 1:00 p.m.
**Lunch/Exhibits**

13:00 - 2:00 p.m.
**FACIAL REJUVENATION**

1:00 - 2:00 p.m.
**FACIAL REJUVENATION COMPLICATIONS**
Moderator: Shilpi Khetarpal, MD
1:00 - 1:15 p.m. Treatment of Facial Scars
Shilpi Khetarpal, MD
1:15 - 1:30 p.m. Facelift and CO2 Lasers
Bahman Guyuron, MD
1:30 - 1:45 p.m. Filler Complications
James Zins, MD
1:45 - 2:00 p.m. Discussion and Q & A

2:00 - 3:00 p.m.
**PAIN MANAGEMENT STRATEGIES IN OUR CURRENT OPIOID EPIDEMIC**
Moderator: Amy Alderman, MD
2:00 - 2:12 p.m. Understanding the Current Opioid Crisis and Creating a Multi-Modal Algorithm for Your Practice
Jeff Janis, MD
2:12 - 2:24 p.m. How I Have Achieved an Opioid-Free Ambulatory Surgery Practice
Scott Glasberg, MD
2:24 - 2:38 p.m. Best Practices for using Long-Acting Anesthetics and Nerve Blocks in Outpatient Surgery
Karol Gustowski, MD
2:38 - 2:48 p.m. TBD
2:48 - 3:00 p.m. Discussion and Q & A

3:00 - 3:30 p.m.
**Break/Exhibits**

3:30 - 5:00 p.m.
**DIAGNOSIS AND MANAGEMENT OF ALCL**
Moderator: Jack Fisher, MD
3:30 - 3:45 p.m. My First Case of ALCL: Update on the German Experience
Irene Richter-Heine, MD
3:45 - 3:55 p.m. Update on ALCL - What Are the Numbers
Scott Glasberg, MD
3:55 - 4:15 p.m. Update on the Etiology of ALCL
Terence Myckatyn, MD
4:15 - 4:35 p.m. The Potential Role of Particulates in ALCL
Dennis Hammond, MD
4:35 - 4:45 p.m. How I have Changed My Practice in the ALCL Era
Patricia McGuire, MD
4:45 - 5:00 p.m. Discussion and Q & A

8:00 - 10:00 a.m.
**DUELING PERSPECTIVES: IS IT NECESSARY TO OPEN THE NECK?**
Moderator: Bahman Guyuron, MD
8:00 - 8:25 a.m. Temperature Controlled Radiofrequency Selective Targeted Tightening of the Face and Neck
Brian Kinney, MD
8:25 - 8:50 a.m. An Algorithm for Improving the Neck
James Zins, MD
Bahman Guyuron, MD
9:15 - 9:40 a.m. Opening the Neck While Avoiding Neck Problems
Timothy Marten, MD
9:40 - 10:00 a.m. Discussion and Q & A

10:00 - 10:30 a.m.
**Break/Exhibits**

10:30 - 11:15 a.m.
**DUELING PERSPECTIVES IN LIPOSUCTION**
Moderator: Jeff Gusenoff, MD
10:30 - 10:40 a.m. Traditional SAL and PAL
Michele Shermak, MD
10:40 - 10:50 a.m. Ultrasound Assisted Liposuction
Oni Garcia, MD
10:50 - 11:00 a.m. Laser Assisted Liposuction
Ken Rothaus, MD
11:00 - 11:10 a.m. Lipedema Treatment with Liposuction
Karol Gustowski, MD
11:10 - 11:15 a.m. Discussion and Q & A

11:15 a.m. - 12:00 p.m.
**DUELING PERSPECTIVES IN BODY CONTOURING: VIDEOS OF THE MASTERS**
Moderator: Amy Alderman, MD
Brachioplasty
11:15 - 11:25 a.m. Michele Shermak, MD
11:25 - 11:35 a.m. Jeff Gusenoff, MD
11:35 - 11:45 a.m. Michele Shermak, MD
11:45 - 11:55 a.m. Jeff Gusenoff, MD
11:55 a.m. - 12:00 p.m. Discussion and Q & A

12:00 - 1:00 p.m.
**Lunch/Exhibits**

Program subject to change.
**SUNDAY**
March 16

**COMPLICATIONS**

**8:00-9:00 a.m.**
SAFE MANAGEMENT OF THE MASSIVE WEIGHT LOSS PATIENT
Moderator: Karol Gutowski, MD
8:00-8:12 a.m. Patient Selection, Pre-Surgical Checklist and Strategies of Ways to Combine Procedures While Minimizing Complications in the MWL Patient
Michele Shermak, MD
8:12-8:24 a.m. How to Safely Perform MWL Surgery in the Outpatient Setting
Scot Glasberg, MD
8:24-8:36 a.m. How to Minimize VTE Rise in Body Contouring Procedures
Amy Alderman, MD
8:36-8:48 a.m. TBD
8:48-9:00 a.m. Discussion and Q & A

**9:00-10:00 a.m.**
BLEPHAROPLASTY COMPLICATIONS
Moderator: Mohammed Alghoul, MD
9:00-9:25 a.m. Lower Lid Blepharoplasty: Difficult Lower Lids and Handling Complications
Mohammed Alghoul, MD
9:25-9:50 a.m. A Graded Approach to Lower Lid Blepharoplasty
James Zins, MD
9:50-10:00 a.m. Discussion and Q & A

**10:00-10:30 a.m.**
Break/Exhibits

**10:30 a.m.-12:00 p.m.**
MANAGEMENT OF BREAST ASYMMETRY
Moderator: Marcos Sforza, Professor
10:30-10:45 a.m. Management of Asymmetry After Augmentation Mastopexy
Jack Fisher, MD
10:45-11:00 a.m. Diagnosis and Treatment of Asymmetry in Cosmetic Breast Surgery
Patricia McGuire, MD
11:00-11:15 a.m. Management of The Asymmetric Augmentation Patient
M. Bradley Calobrace, MD
11:15-11:30 a.m. Management of Periareolar Deformities After Augmentation Mastopexy
Dennis Hammond, MD
11:30-11:45 a.m. Cosmetic Tattooing as an Adjunct to Breast Revision
Irene Richter-Heine, MD
11:45 a.m.- 12:00 p.m. Discussion and Q & A
12:00-1:00 p.m. Lunch/Exhibits

**1:00-2:00 p.m.**
RHINOPLASTY COMPLICATIONS - TREATMENT CONSIDERATIONS
Moderator: Ashkan Ghavami, MD
1:00-1:50 p.m. The Three Most Common Complications and How I Treat Them
Mark Constantian, MD; Ashkan Ghavami, MD; Bahan Guyuron, MD
1:50-2:00 p.m. Discussion and Q & A

**2:00-3:00 p.m.**
Masters Class on Male Aesthetic Surgery: Optimizing Results While Avoiding Pitfalls
Moderator: Scot Glasberg, MD
Fat Grafting for Penile Enhancement
2:00-2:13 p.m. Surgical Tips for Predictable Results
Marcos Sforza, Professor
2:13-2:26 p.m. Beware of Pitfalls and Potential Complications
Gary Alter, MD
2:26-2:39 p.m. Tried and True Concepts to Predictable Gynecomastia Results
Oni Garcia, MD
2:39-2:52 p.m. Incorporating Automated FUE Restoration for Hair Transplantation into Your Practice
Ken Rothaus, MD
2:52-3:00 p.m. Discussion and Q & A

**3:00-3:30 p.m.**
Break/Exhibits

**3:30-5:00 p.m.**
TEXTURED SURFACES IN BREAST IMPLANT SURGERY
Moderator: Patricia McGuire, MD
3:30-3:50 p.m. Textured Surfaces in Breast Implant Surgery: Where Have We Been? Jack Fisher, MD
3:50-4:05 p.m. Textured Surfaces in Breast Implant Surgery: Where Are We Going? Marcos Sforza, Professor
4:05-4:15 p.m. Discussion and Q & A

**4:15-5:00 p.m.**
FAT GRAFTING IN COSMETIC BREAST SURGERY
Moderator: M. Bradley Calobrace, MD
4:15-4:35 p.m. Hybrid Breast Augmentation Marcos Sforza, Professor
4:35-4:50 p.m. Fat Grafting as an Adjunct to the Management of the Tuberous Breast
Irene Richter-Heine, MD
4:50-5:00 p.m. Discussion and Q & A

**8:00-10:00 a.m.**
RHINOPLASTY 2.0
Moderator: Mark Constantian, MD
8:00-9:30 a.m. Bahan Guyuron, MD
9:30-9:40 a.m. Commentary
Ashkan Ghavami, MD
9:40-9:50 a.m. Mark Constantian, MD
9:50-10:00 a.m. Discussion and Q & A

**10:00-10:30 a.m.**
Break/Exhibits

**10:30 a.m.-12:00 p.m.**
HOW MUCH SURGERY DOES IT TAKE TO GET A LONG-LASTING RHINOPLASTY RESULT?
Moderator: James Zins, MD
10:30-11:00 a.m. High Dorsum and Lack of Tip Projection
Mark Constantian, MD
11:10-11:50 a.m. High Dorsum and Lack of Tip Projection
Ashkan Ghavami, MD
11:50 a.m.-12:00 p.m. Discussion and Q & A

**12:00-1:00 p.m.**
Lunch/Exhibits

**1:00-2:00 p.m.**
MASTER CLASS ON GENITAL SURGERY
Moderator: Ken Rothaus, MD
1:00-1:50 p.m. Safe and Predictable Approaches to the Hottest Topics in Genital Surgery
Moderator: Mark Constantian, MD
2:00-2:50 p.m. Discussion and Q & A

**2:00-3:00 p.m.**
MASTER CLASS ON PLANNING AND TECHNIQUE IN BREAST AUGMENTATION
Moderator: Irene Richter-Heine, MD
2:00-2:50 p.m. Dennis Hammond, MD
2:50-3:00 p.m. Discussion and Q & A

**3:00-3:30 p.m.**
Break/Exhibits

**3:30-5:00 p.m.**
MASTER CLASS ON DIAGNOSIS, SURGICAL PLANNING, INTER-OPTERATIVE EXECUTION AND POST-OPTERATIVE CARE OF THE RHINOPLASTY PATIENT
Moderator: Mark Constantian, MD
3:30-4:10 p.m. Mark Constantian, MD
4:10-4:50 p.m. Ashkan Ghavami, MD
4:50-5:00 p.m. Discussion and Q & A

Program subject to change.

This meeting will address the following ACGME/ABMS competencies:
- Patient care and procedural skills
- Interpersonal and communication skills
- Professionalism

Accreditation: The American Society of Plastic Surgeons® (ASPS) is accredited by the Accreditation Council for Continuing Medical Education (ACCMCE) to provide continuing medical education for physicians.

Designation: The American Society of Plastic Surgeons (ASPS) designates this live activity for a maximum of 18.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Of the 18.5 credits, 12 have been identified as applicable to Patient Safety.

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**ASPS AESTHETICA**

**SUPER SYMPOSIUM**

**MARCH 14-16, 2019**

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**Caesars Palace Las Vegas Hotel & Casino**
3570 South Las Vegas Boulevard, Las Vegas, NV 89109

**Group Rate:** $204 on weeknights and $234 on Friday and Saturday*

**Group Rate Deadline:** February 18, 2019

**Group Rate Code:** “Aesthetica Symposium” or “SCAES9”

**Reservations:** Online or (866) 227-5944

(phone reservations assessed fee of $15 plus tax)

**Deposit:** One night's room and tax at time of booking

**Cancellation:** 72 hours prior to scheduled arrival or deposit is forfeited

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**IMPORTANT DEADLINES**

**JANUARY 9, 2019**

Early Bird Registration Deadline
(Deadline for 50% cancellation refund; less $25 processing fee)

**FEBRUARY 18, 2019**

Hotel Group Deadline

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