### Aesthetic Track

**9:00 a.m.**

**Emerging Trends in Contemporary Liposuction**

**Moderator:** Michele Shermak, MD

- Maximal Contour with Minimal Anesthesia | Meegan Gruber, MD, PhD
- Circumferential Trunk Liopsuction Using a Multimodal Approach | Gaurav Bharti, MD and Bill Kortesis, MD
- Soft Tissue Tightening and Contouring with Radiofrequency Under Local Anesthesia: A Minimally Invasive Gap Procedure | Chris Chia, MD
- Liposculpting: Anatomical Concepts Guiding Extraordinary Results | Ahmad Saad, MD
- Lipo-Harvest of Macro and Micro Fat, Mechanical Preparation of Nanofat and Multilevel Breast Lipofilling Using Tissue Preconditioning with Carboxytherapy | Michael Scheflan, MD
- BBL Safety - What We Know! | J. Peter Rubin, MD

- Q/A and Case Presentations

**11:00 a.m.**

**Break**

**11:30 a.m.**

**Massive Weight Loss Body Lift**

**Moderator:** Michael Wong, MD

- Lower Body Lift: Practical Approaches and Safety Considerations | Amy Colwell, MD
- Upper Body and Breast Contouring after MWL | J. Peter Rubin, MD
- Where to Start when Considering Multiple Body Regions | Michele Shermak, MD
- Lateral Bodylift | Jean Francois Pascal, MD

- Q/A and Case Presentations

### Breast Track

**9:00 a.m.**

**Gender Affirming Face and Top Surgery**

**Moderator:** Steve Teitelbaum, MD

- Breast Augmentation in Transgender Individuals | Loren Schechter, MD
- Chest Masculinization | Richard Bartlett, MD
- Challenges in Top Surgery | Rachael Bluebond-Langer, MD
- Chest Masculinization: Optimizing Results | Cori Agarwal, MD
- Facial Feminization and Masculinization: Anatomical Principles and Surgical Technique | Jeffrey Spiegel, MD
- Facial Gender Affirmation Surgery | Jordan Deschamps-Braly, MD

- Q/A and Case Presentations

**11:00 a.m.**

**Break**

**11:30 a.m.**

**Breast Implant Illness (BII) Facts, Myths and Management**

**Moderator:** Pat McGuire, MD

- Breast Implant Illness is a Fact | Scot Glasberg, MD
- Breast Implant Illness is a Myth | Steven Teitelbaum, MD
- Management of Patients with Breast Implant Illness | Tracy Pfeifer, MD
- Preliminary Results from the ASERF Study | Caroline Glicksman, MD

- Q/A and Case Presentations
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<td>1:00 p.m.</td>
<td>BREAK</td>
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| 1:30 p.m. | **PLASTIC SURGERY FOR MEN – GENDER SPECIFIC APPROACHES FROM HEAD TO TOE** | **Moderator:** Gaurav Bharti, MD and Bill Kortesis, MD | • Facial Issues in the Male Patient  
  Jeffrey Spiegel, MD  
• Gynecomastia  
  Richard Bartlett, MD  
• Male Body Contouring Concepts and Techniques  
  Jean Francois Pascal, MD  
• Preferred Male Rejuvenation Techniques  
  Luiz Toledo, MD  
• Q/A and Case Presentations |
|         | **MASTOPEXY TIPS, TRICKS AND TRIALING ADJUVANT TECHNIQUES**            | **Moderator:** Amy Colwell, MD                    | • Autoaugmentation Vertical Mastopexy  
  Elizabeth Hall-Findlay, MD  
• Improving Outcomes in Mastopexy with Selective use of Auto-Augmentation, Mesh Support and Fat Grafting  
  Brad Calobrace, MD  
• Volume Distribution Mastopexy - The Role of Mesh  
  Moustapha Hamdi, MD  
• Autoaugmentation with Modified or Complete Upper Body Lift  
  Michael Wong, MD  
• Q/A and Case Presentations |
| 3:00 p.m. | BREAK                                                                  |                                                  |                                                                      |
| 3:30 p.m. | **MOMMY MAKEOVER – TURNING THE CLOCK BACK FOR THE POST-PARTUM BREAST, BODY AND GENITAL REGIONS** | **Moderator:** Sumner Slavin, MD                   | • Thoughtful Approaches to the Mommy Makeover Patient  
  Usha Rajagopal, MD  
• Mommy Makeover Lessons Learned  
  Gaurav Bharti, MD and Bill Kortesis, MD  
• New Mommy Makeover – Downsizing Implants, Explantation Mastopexy or Explantation Alone  
  Caroline Glicksman, MD  
• Genital Rejuvenation (more than just a labiaplasty)  
  Christine Hamori, MD  
• Q/A and Case Presentations |
|         | **NIPPLE-SPARING MASTECTOMY IN THE LARGE OR PTOTIC BREAST**            | **Moderator:** Michael Wong, MD                    | • Mastopexy or Reduction Before Nipple Sparing Mastectomy  
  Dennis Hammond, MD  
• Mastopexy Concurrent with Nipple Sparing Mastectomy  
  Marissa Tenerbaum, MD  
• Options for Mastopexy after Nipple Sparing Mastectomy  
  Mihye Choi, MD  
• Alternative Approaches to the Ptotic Breast with Direct-to-Implant or Vertical Incision  
  Amy Colwell, MD  
• Q/A and Case Presentations |
<p>| 5:00 p.m. | ADJOURN                                                                |                                                  |                                                                      |
| 5:15 p.m. | RECEPTION                                                              |                                                  |                                                                      |</p>
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| 9:00 a.m. | **MINIMALLY INVASIVE FACIAL REJUVENATION - LUNCHTIME Lifts AND RESULTS THAT PERSIST** | **Moderator:** Sumner Slavin, MD  
• Minimally and Non-Invasive Radiofrequency Tightening of the Face and Neck Under Local Anesthesia | **Moderator:** Amy Alderman, MD  
• The Role of ADM in Revisional Cosmetic Breast Surgery  
• So You Want to Get Rid of Your Implants and Capsules?  
• Aesthetic Approaches to Explantation and Ancillary Procedures  
• Surgical Approaches to Capsular Contracture  
• Tips and Tricks for Transitioning Textured to Smooth Implants  
• Managing Implant Malposition and the Patient Needing Implant Exchange |
|        | • Small Procedures to Postpone or Complement the Facelift | • Reconstituted Hyaluronic Acid Injectable for Facial Rejuvenation: Why, Where and How?  
• My 5 Favorite Facial Noninvasive Rejuvenation Procedures  
• High Impact Facial Procedures I Perform in Under an Hour | • So You Want to Get Rid of Your Implants and Capsules?  
• Aesthetic Approaches to Explantation and Ancillary Procedures  
• Surgical Approaches to Capsular Contracture  
• Tips and Tricks for Transitioning Textured to Smooth Implants  
• Managing Implant Malposition and the Patient Needing Implant Exchange |
|        | • Q/A and Case Presentations | • Q/A and Case Presentations | • Q/A and Case Presentations |
| 11:00 a.m. | **BREAK** | **BREAK** | **BREAK** |
| 11:30 a.m. | **CONTEMPORARY FACELIFT** | **Moderator:** Alan Matarasso, MD  
• Necklifting – When to go Deep and How to Keep it Safe | **Moderator:** Caroline Glicksman, MD  
• BIA-ALCL: Current Incidence, Work-Up, and Management  
• Management of Asymptomatic Patients with Textured Implants in Cosmetic Breast Surgery  
• Management of Asymptomatic Patients with Textured Implants in Reconstruction  
• European Perspective on Breast Implants: Are Textured Devices Still Preferred?  
• National Breast Implant Registry  |
|        | • Matching Facelift Techniques to Anatomy  
• Facelift Under Local | • “C-Neck” or W-Neck”? Different Techniques for Different Results | • BIA-ALCL: Current Incidence, Work-Up, and Management  
• Management of Asymptomatic Patients with Textured Implants in Cosmetic Breast Surgery  
• Management of Asymptomatic Patients with Textured Implants in Reconstruction  
• European Perspective on Breast Implants: Are Textured Devices Still Preferred?  
• National Breast Implant Registry  |
|        | Sumner Slavin, MD | • Mario Pelle Ceravolo, MD | • Moustapha Hamdi, MD  
• National Breast Implant Registry  |
|        | • Q/A and Case Presentations | • Q/A and Case Presentations | • Q/A and Case Presentations |
| 1:00 p.m. | **BREAK** | **BREAK** | **BREAK** |
**1:30 p.m.**

**PAIN IN THE NECK PANEL – COMPLICATION MANAGEMENT AND MANAGEMENT OF COMPLICATING FACTORS IN THE FACE/NECKLIFT**

**AUGMENTATION MASTOPEXY**

**Moderator:** Sal Pacella, MD

- Tom Mustoe, MD; James Zins, MD; Bahman Guyuron, MD; Sumner Slavin, MD

**Moderator:** Michele Shermak, MD

- Current Approach in Augmentation Mastopexy with Smooth Implants, Fascial Slings, Lower Pole Debulking and Mesh
  Brad Calobrace, MD

- Two Stage Augmentation Mastopexy
  Pat McGuire, MD

- Periareolar Mastopexy
  Dennis Hammond, MD

- Practical Approaches to Augmentation Mastopexy | Betsy Hall-Findlay, MD

- Q/A and Case Presentations

**3:00 p.m.**

**BREAK**

**BREAK**

**3:30 p.m.**

**ACHIEVING THE REJUVENATED EYELID THROUGH FILLER, FAT GRAFTING AND BLEPHAROPLASTY**

**PREPECTORAL VS. SUBPECTORAL BREAST RECONSTRUCTION – WHICH IS MORE “SENSATIONAL”?**

**Moderator:** Bahman Guyuron, MD

- Periorbital Filler | Val Lambros, MD

- Upper Eyelid | Steve Fagien, MD

- The Use of Spacers in Blepharoplasty
  Mario Pelle Ceravolo, MD

- Concepts in Lower Eyelid Management
  David Hidalgo, MD

- Management of Aesthetic and Functional Lower Eyelid Complications
  Sal Pacella, MD

- Q/A and Case Presentations

**Moderator:** Nolan Karp, MD

- Why I Like Subpectoral Breast Reconstruction | Joe Disa, MD

- Why I Prefer Prepectoral Breast Reconstruction | Hani Sbitany, MD

- When I Use Subpectoral and When I Use Prepectoral Breast Reconstruction
  Amy Colwell, MD

- Sensation-Preserving Mastectomy and Immediate Reconstruction
  Anne Warren-Peled, MD

- Q/A and Case Presentations

**5:00 p.m.**

**ADJOURN**

* Program and faculty subject to change.