

# LIMITLESS LEADERS SUMMIT

LIMITLESS Leaders is a leadership development program designed to support early-career women surgeons as they advance into leadership roles. Through education, mentorship, and collaboration, the program helps participants navigate professional challenges, build confidence, and grow as leaders.

ASPS extends its sincere thanks to the LIMITLESS Leaders Steering Committee for their vision, guidance, and dedication: Dorothy Bird, MD; Kelly M. Bolden, MD, FACS; Courtney Collins, MD; Cynthia Diehl, MD; Noopur Gangopadhyay, MD; Emily Hu, MD; Tara Huston, MD; Heidi Miller, MD; Anne Peled, MD; Jana M. Sacco, MD; Diana Yoon-Schwartz, MD; and Donna Tepper, MD. We are deeply grateful for your leadership and commitment to advancing women in surgery.

ASPS also gratefully acknowledges Allergan Aesthetics, an AbbVie company, for its continued support of women physicians. Their commitment to sponsoring programs like LIMITLESS plays an important role in expanding leadership opportunities for early-career women surgeons.



With insightful interviews and candid conversations, the LIMITLESS podcast is a must-listen for anyone seeking inspiration and guidance on their own leadership journey.



Made possible with support by  
**Allergan Aesthetics**  
an AbbVie company



# LIMITLESS LEADERS SUMMIT

**Jan. 28-30, 2026**

**Grand Hyatt Indian Wells  
Palm Springs, CA**

**LEARN, COLLABORATE, ELEVATE.**  
Together, women surgeons rise.

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# WELCOME to the LIMITLESS Leaders Summit 2026!

## WEDNESDAY, JANUARY 28, 2026

- 4:30 - 6:30 p.m. | Registration (*Grand Salon Foyer*)  
6:30 - 7:30 p.m. | Welcome Reception (*Hibiscus AB*)

## THURSDAY, JANUARY 29, 2026

- 6:30 - 8:00 a.m. | Registration (*Grand Salon Foyer*)  
7:00 - 8:00 a.m. | Networking Breakfast (*Grand Salon ABCD*)  
8:00 - 8:05 a.m. | **Opening Remarks** (*Grand Salon ABCD*)  
*Noopur Gangopadhyay, MD & Jana Sacco, MD*  
8:05 - 8:20 a.m. | **Welcome Remarks** (*Grand Salon ABCD*)  
*Nicole Mowad-Nassar, Senior Vice President, AbbVie and President, Global Allergan Aesthetics*  
8:20 - 9:50 a.m. | **Stories That Shape Us – Alumni Lessons in Leadership** (*Grand Salon ABCD*)  
*Emily Hu, MD; Shuting Zhong, MD; Jana Sacco, MD; Heidi Miller, MD; Dorothy Bird, MD*  
10:00 - 11:15 a.m. | **Who's on Your Bench? Building Support Systems for Career & Life** (*Grand Salon ABCD*)  
*Anne Peled, MD; Arielle Hodari Gupta, MD; Catharine B. Garland, MD; Tara Huston, MD*  
11:15 a.m. - 12:30 p.m. | **Negotiating Your Worth – Leadership, Equity & Leverage** (*Grand Salon ABCD*)  
*Kelly Bolden, MD; Julie A. Freischlag, MD; Tiffany McCormack, MD; Jenny Shao, MD*  
12:30 - 1:45 p.m. | **Networking Lunch** (*Grand Salon ABCD*)  
1:45 - 3:00 p.m. | **Mentorship Circles: Educate • Elevate • Empower** (*Grand Salon ABCD*)

- 3:00 - 3:15 p.m. | **Break**  
3:15 - 4:15 p.m. | **Confidence – The Ultimate Business Strategy** (*Grand Salon ABCD*)  
*Vinaya Rednam, MD, The Confidence Doc®*  
4:15 - 4:30 p.m. | **Break**  
4:30 - 5:30 p.m. | **KEYNOTE SPEAKER – Julia Landauer** (*Grand Salon ABCD*)  
*Champion Racecar Driver, Podcast Host & Entrepreneur*  
“Can Nice Girls Win? Owing Our Success, Elevating Each Other”  
5:30 - 6:00 p.m. | **Break**  
6:00 - 8:00 p.m. | **Networking Dinner** (*Verbena Terrace*)  
Featuring Musical Entertainment by Luke Metzler

## FRIDAY, JANUARY 30, 2026

- 6:45 - 7:30 a.m. | **Morning Activity – Stretch & Sound Meditation** (*Hibiscus AB*)  
7:00 - 8:00 a.m. | **Networking Breakfast** (*Grand Salon ABCD*)  
8:00 - 9:15 a.m. | **Beyond the Paycheck – Financial Strategies for Surgeons** (*Grand Salon ABCD*)  
*Donna Tepper, MD; Brett Janis, CFA; Anita Kulkarni, MD; Diana Yoon-Schwartz, MD*  
9:15 - 10:30 a.m. | **Fueling Your Fire – Side Hustles, Passions & Innovation** (*Grand Salon ABCD*)  
*Cynthia Diehl, MD; Courtney Collins, MD; Devon Gimbel, MD; Wendy Lee, MD*  
10:30 - 10:45 a.m. | **Closing Remarks & Group Photo**

**Network:** Limitless-WPS  
**Password:** Women2026