



# THROMBOSIS RISK FACTOR ASSESSMENT



## CHOOSE ALL THAT APPLY

### EACH RISK FACTOR REPRESENTS 1 POINT

- Age 41-60 years
- Minor surgery planned
- History of prior major surgery (< 1 month)
- Varicose veins
- History of inflammatory bowel disease
- Swollen legs (current)
- Obesity (BMI > 25)
- Acute myocardial infarction
- Congestive heart failure (<1 month)
- Sepsis (<1 month)
- Serious lung disease including pneumonia (<1 month)
- Abnormal pulmonary function (COPD)
- Medical patient currently at bed rest
- Other risk factors

### EACH RISK FACTOR REPRESENTS 2 POINTS

- Age 60-74 years
- Arthroscopic surgery
- Malignancy (present or previous)
- Major surgery (> 45 minutes)
- Laparoscopic surgery (> 45 minutes)
- Patient confined to bed (> 72 hours)
- Immobilizing plaster cast (< 1 month)
- Central venous access

### EACH RISK FACTOR REPRESENTS 5 POINTS

- Elective major lower extremity arthroplasty
- Hip, pelvis or leg fracture (< 1 month)
- Stroke (< 1 month)
- Multiple trauma (< 1 month)
- Acute spinal cord injury (paralysis) (< 1 month)

### EACH RISK FACTOR REPRESENTS 3 POINTS

- Age over 75 years
- History of DVT/PE
- Family history of thrombosis\*
- Positive Factor V Leiden
- Positive Prothrombin 20210A
- Elevated serum homocysteine
- Positive lupus anticoagulant
- Elevated anticardiolipin antibodies
- Heparin-induced thrombocytopenia (HIT)
- Other congenital or acquired thrombophilia

If yes:  
Type: \_\_\_\_\_

\* most frequently missed risk factor

### FOR WOMEN ONLY (EACH REPRESENTS 1 POINT)

- Oral contraceptives or hormone replacement therapy
- Pregnancy or postpartum (< 1 month)
- History of unexplained stillborn infant, recurrent spontaneous abortion  $\geq 3$ , premature birth with toxemia or growth-restricted infant

**TOTAL RISK FACTOR SCORE**

**2005 Caprini Risk Assessment Model  
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PATIENTS' NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

SEX: \_\_\_\_\_

WEIGHT: \_\_\_\_\_