

2023 COSMETIC SURGERY AGE DISTRIBUTION (19 AND UNDER [‡])	AGE 19 AND UNDER [‡] 2023 TOTAL	AGE 19 AND UNDER [‡] % OF TOTAL PROCEDURES	AGE 19 AND UNDER [‡] % CHANGE 2023 VS. 2022
COSMETIC SURGICAL PROCEDURES – BREAST			
Breast augmentation (implant placement for both primary and/or revisions)**	2,754	1%	11%
Breast implant removals (augmentation patients only)**	13	0%	-61%
Breast lift (mastopexy)**	1,171	1%	-11%
Breast reduction (aesthetic patients only)**	5,297	7%	-12%
Breast reduction in males (gynecomastia surgery)**	2,886	11%	-4%
TOTAL	12,121	4%	-15%
COSMETIC SURGICAL PROCEDURES – BODY			
Buttock augmentation with fat grafting** (Brazilian butt lift)	62	0%	-33%
Buttock implants**	9	1%	800%
Buttock lift**	0	0%	-100%
Labiaplasty**	348	3%	-2%
Liposuction	3,094	1%	0%
Lower body lift**	17	0%	1,600%
Thigh lift**	9	0%	0%
Tummy tuck (abdominoplasty)**	122	0%	9%
Upper arm lift (brachioplasty)**	9	0%	800%
TOTAL	3,548	1%	479.75%
COSMETIC SURGICAL PROCEDURES – FACE			
Cheek implant (malar augmentation)**	304	3%	30300%
Chin augmentation (mentoplasty)**	403	7%	102%
Ear surgery (otoplasty)**	1,695	35%	-4%
Eyelid surgery (blepharoplasty)**	95	0%	206%
Facelift (rhytidectomy)**	27	0%	-64%
Facial fat grafting**	16	0%	-75%
Forehead lift**	25	0%	-53%
Neck lift**	22	0%	-4%
Nose reshaping (rhinoplasty)**	4,709	10%	-3%
TOTAL	7,296	6%	3.96%
PROCEDURE TOTALS	23,087	1%	-2%
COSMETIC MINIMALLY INVASIVE PROCEDURES			
Neuromodulator injection (Botox®, Dysport®, Xeomin®, Javeau®, Daxxify®)	27,502	0%	9%
Sclerotherapy	774	0%	5%
Skin resurfacing (e.g., dermabrasion, chemical peel, lasers - ablative/non-ablative, microdermabrasion)	5,775	0%	5%
Skin treatment (combination lasers) (e.g., laser hair removal, IPL treatment, laser tattoo removal, laser treatment of leg veins)	210,448	7%	6%
Hyaluronic acid fillers (e.g., Juvederm Ultra®, Ultra Plus®, Voluma®, Volbella®, Vollure®, Restylane Lyft®, Restylane Silk®, Belotero®, Bolvella®, Restylane®)	9,472	0%	8%
Non-hyaluronic acid fillers (e.g., Radiesse®, Sculptra®, Bellafill®, Renuva®)	6,880	1%	9%
TOTAL COSMETIC MINIMALLY INVASIVE PROCEDURES	260,851	1%	7%

** Counts of procedures performed by ASPS Member Surgeons only.

‡ While patients under the age of 18 may access plastic surgery procedures under physician guidance and with the approval of a parent or guardian, this is atypical compared to the overall patient experience and the majority of cases within this data set are focused on the ages 18 to 19 years.

Maturity – Adolescents typically experience changes in perception of body image, so it is important to assess the stability of each individual's self-image before proceeding with plastic surgery. There are four attributes associated with body image that should be considered. These include physical reality of the appearance, perceptions of appearance, importance of appearance and the degree of satisfaction with appearance.

In addition, adolescents may not have the physical and/or emotional maturity to choose plastic surgery. They may have unrealistic expectations about the surgery itself or about the outcome. They also may not understand that additional surgery may be necessary because of complications or a change in personal desire. Finally, they may not have reached full physical development.

Informed Consent – It is important that the adolescent patient completely understand the procedure, possible complications and likelihood for additional procedures at some future date. As with all cosmetic procedures, appropriate informed consent will be required. The education process associated with an informed consent should help the patient and the parent/guardian understand the risks, benefits and potential complications associated with the procedure.