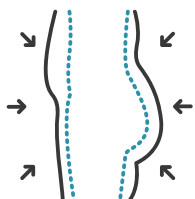
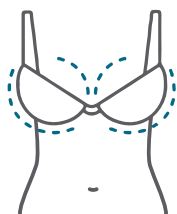


# Top 5 Cosmetic Surgical Procedures for 2023



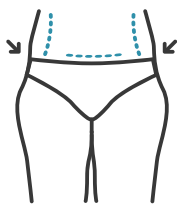
## 1. Liposuction

This ever-popular procedure is number one for the third year in a row. Liposuction targets stubborn fat that diet and exercise can't eliminate to give a smoother contour and better definition in areas such as the tummy, thighs, hips and arms.



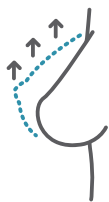
## 2. Breast Augmentation

One of the most popular plastic surgery procedures since 2006, breast augmentation again claims a spot in the Top 5. This surgical procedure enhances the size and shape of breasts using implants or fat grafting.



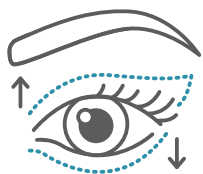
## 3. Tummy Tuck (Abdominoplasty)

Coming in at third for a third year in a row, tummy tucks offer a snatched waist by removing excess fat and skin while tightening abdominal muscles.



## 4. Breast Lift (Mastopexy)

The second breast procedure in the Top 5 has consistently gained popularity in the last decade. Breast lifts elevate and reshape breasts, without changing their size. They also improve the contour, silhouette and symmetry of the chest.



## 5. Eyelid Surgery (Blepharoplasty)

Blepharoplasty holds its place in the Top 5 again this year. This surgical procedure rejuvenates the eyes by removing excess skin, fat and muscle, brightening and opening the eyes for a more refreshed look.